

## **Your First Visit**

The initial visit entails a review of your current and past medical history. Prior to this visit with the doctor, the initial new patient paperwork will need to be filled out completely. It is recommended that these forms be completed before arriving at our office. This will allow you to have more time with the doctor to make sure everything is reviewed. If you are coming for a functional/nutritional medicine appointment, the Diet Lifestyle Journal form needs to be filled out prior to your arrival. If the form is not completed in full, then the new patient appointment will be rescheduled.

Depending upon your healthcare needs, the initial visit may entail a consultation and a brief examination. Many patients come to our center for musculoskeletal health conditions that require a diagnostic chiropractic, neurological and orthopedic examination. If your case requires additional laboratory or imaging studies, those will be recommended at that time.

In addition, many patients travel from all over the United States to consult with the doctors for functional medicine services. These patients typically are coming to find answers for 'internal health' disorders such as chronic fatigue, digestive conditions, skin disorders, migraine headaches, fibromyalgia, hormone imbalances, autoimmune diseases, lung issues and so forth. For these types of patients there may be additional in-office nutritional assessments and additional laboratory test recommendations.

## **Insurance Coverage**

We are Blue Cross/Blue Shield of MN providers. Each plan is unique and needs to be verified before acceptance. Only chiropractic care procedures are covered under these plans. Nutrition related services are not covered by insurance and are paid in full by the patient. We do accept assignment for valid personal injury/automobile accident and worker's compensation claims.